

# ALPS Competency in Practice Assessment (CIPA) Tool



Professional group		Months since qualified		Months in practice	
University course		Age		Male/Female	Current employer

<b>Instruction</b>	<i>For each statement listed, please indicate on the scale given below <u>how prepared you feel in the following skills and knowledge to practice as an entry level professional</u></i>						
<b>Scale</b>	0 = Not at all prepared 1 = Somewhat prepared 2 = Adequately prepared 3 = Well prepared 4 = Extremely well prepared If you feel any of the items do not apply to your profession please select N/A						
<b>Please think about the way your course has prepared you with the following skills with service users e.g. patients, families and carers. Please rate how prepared you feel in your ability to...</b>		N/A	0	1	2	3	4
Use verbal communication skills							
Use active listening skills							
Use and observe non-verbal forms of communication							
Identify barriers to communication							
Deal with barriers to communication effectively							
Be empathic when dealing with others							
Deal with conflict and negotiate differences							
Maintain professional boundaries							
Deal with cultural issues							
Be open to feedback from others							
Establish a good relationship							
Communicate effectively in written communications							
<b>Now we would like you to think about the way in which your course has prepared you with the following skills when working with colleagues. Please rate how prepared you feel in your ability to...</b>		N/A	0	1	2	3	4
Work as part of a multi-disciplinary team							
Build professional relationships with others							
Provide feedback to peers in a non-confrontational way							
Understand the roles and contributions of other members of the team							
Motivate others							

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Assessment & Learning  
in Practice Settings

<b>Please think about the way in which your course has prepared you with sufficient knowledge.</b> Please rate how prepared you feel in your ability to...	N/A	0	1	2	3	4
Use theoretical knowledge to practice as an entry level professional						
Use technical skills required as an entry level professional						
Use evidence-based practice in your professional area						
Appreciate the core values of your profession						
<b>Now think about the way in which your course has provided you with skills for the practice setting.</b> Please rate how prepared you feel in your ability to...	N/A	0	1	2	3	4
Use analytical thinking and apply it						
Use sound judgement and apply it						
Problem solve						
Assess your clients'/patients' needs						
Make referrals and plan interventions						
Carry out required interventions						
Plan appropriate discharge and follow up						
Feel confidence to practice in your chosen profession						
<b>Finally, please think about the way in which your course has prepared you to deal with professional interactions and responsibilities.</b> Please rate how prepared you feel in your...	N/A	0	1	2	3	4
Knowledge of ethical and legal standards required						
Ability to self direct my own learning						
Ability to continue my own professional development						

Do you have any further comments you would like to add regarding the way in which your course has prepared you for your chosen profession?

Thank you for taking the time to complete this questionnaire

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ALPS are keen that this resource is developed and embedded into a future curriculum. Please contact [alps@leeds.ac.uk](mailto:alps@leeds.ac.uk) if you wish to discuss developing or altering the CIPA Tool.

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